## STaR-based general transfer checklist

### General assessment
- General – 'sound bite'

### Airway breathing assessment
- Airway secure
- Oxgenation (PaO₂ > 8 kPa or \(\text{SpO}_2 > 92\%\))
- Ventilation PaCO₂ 4.0 – 5.5 kPa
- Exclude pneumothorax

### Circulation assessment
- Circulating volume assessed
- Perfusion assessed
- I.V. access assessed
- Arrhythmias controlled
- Potential bleeding assessed

### Disability and exposure assessment
- GCS and pupils
- Sedation and paralysis
- Cervical spine 'cleared' to T2
- Cervical spine immobilisation
- Fractures immobilised
- Hypothermia

### Control
- Team leader
- Direct patient care
- Communications
- Equipment collection

### Communications
- Referring Consultant
- Local Critical Care team
- Receiving Critical Care team
- Receiving medical team
- Patient's relatives
- Ambulance Control

### Evaluation
- Time critical
- Intensive
- Ill – unstable
- Ill – stable
- Paramedic escort

### Monitoring needs assessment
- ECG
- Direct arterial BP
- CVP PABFC
- Pulse oximeter
- Capnography
- Urine output
- Temperature
- Suction

### Prepare/package
- 'mummy wrapped'

### Investigations assessment
- Biochemistry
- Haematology
- Radiology

### Equipment
- Transfer pack check
- Drugs including refrigerated meds
- Monitor power supply
- Ventilator power supply
- Oxygen requirements
- Additional oxygen + key
- Infusion pumps + spare
- Suction

### Personal
- Phone
- Enquiry number
- Revenue
- Safe clothing
- Organised route
- Nutrition
- A-Z – map
- Lift home

### Transportation
- All lines and tubes secure
- Accessibility
- Untoward event plan

### Documentation
- Case notes
- Investigation results
- X-rays
- CT – scan hard copy

### Transfer form
- Legible
- Fill out all boxes
- Record 'obs' on form
- Record events

### Handover
- Case notes
- Laboratory results
- Evaluation
- Audit
- Return equipment
- Return form to ICBIS