ABSTRACTS

Symposium I-

GUIDELINES, MEASUREMENTS AND THERAPEUTIC TARGETS FOR OLDER-AGE BIPOLAR DISORDER: AN UPDATE FROM THE ISBD TASKFORCE
CHAIR: MARTHA SAJATOVIC

S-001 | What do international treatment guidelines say about management of older-age bipolar disorder (OABD)?
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Older adults with bipolar disorder (OABD) are a growing segment of patients with BD for which specific guidelines are warranted. Although, OABD are frequently excluded from randomized controlled trials due to their age or somatic comorbidity, more treatment data from a variety of sources have become available in recent years. It is expected that at least some of this emerging information on OABD would be incorporated into treatment guidelines available to clinicians around the world.

S-002 | A Delphi exercise to inform clinical use of lithium in older-age bipolar disorder (OABD)
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There is very little systematic data to inform guidelines on the use of lithium in OABD. Given the narrow therapeutic range of lithium combined with changes in pharmacokinetics and pharmacodynamics associated with aging, the risk of toxicity including renal impairment becomes much higher. Expert consensus may currently be the best method of providing necessary guidance for clinicians who manage OABD.

S-003 | Systematic literature review findings from older-age bipolar disorder (OABD) studies: what to measure and how to measure it
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More than 50% of people with bipolar disorder will be age 60 or older by 2030. There is a need for more data to guide assessment and treatment in old age bipolar disorder (OABD), however interpretation of findings from small, single-site studies may not be generalizable and there are few large trials. As a step in the direction of coordinated large-scale OABD data collection it is critical to identify a set of appropriate measurements that are practical, appropriate and generalizable.

Symposium II-

FROM RISK TO ILLNESS: TRACKING YOUNG PEOPLE AT INCREASED FAMILIAL RISK OF BIPOLAR DISORDER (FROM THE PROSPECTIVE OFFSPRING STUDIES AND TREATMENT TRIALS (POST) TASK FORCE)
CHAIR: MANON HILLEGERS

S-004 | International survey of offspring studies: state of the art
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The POST (Prospective Offspring Studies and Treatment Trials) task force of the ISBD has undertaken an online survey of planned, ongoing and recently completed studies that include samples that are entirely or partly composed of the offspring of parents with bipolar disorders. This paper will provide an overview of the