No-prep restorative techniques

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Patients with missing teeth in general ask for dental intervention. Very often, these patients are still teenagers and the early treatment possibilities therefore very limited. Cantilever bridges are one of the options for replacing missing teeth since we have evidence, that single retainer adhesive bridges show better results than with two-retainers. Since many authors suggest to do minimal preparation on the anchor tooth, the scientific date for true no-prep restorations is poor. Studies with a cohort of minimally and no-prep restorations show clinical results, that indicate resin bonded cantilever bridges as a viable alternative to conventional bridges and intraosseous implants.